

# Red Ribbon Club

## Activities (2018-19)

### *World Yoga Day -21.06.2018*

World Yoga Day was celebrated in our college on June 21<sup>st</sup>. The programme was inaugurated by Mr.R.Sundharam, Yoga Trainer in the presence of our Principal Dr.Sr.D.Victoriya. He spoke on the importance of Yoga in daily life and different Asanas were demonstrated under the guidance of Ms.T.Jayanthi, trainer of Eisha Yoga Center, Thanjavur. Our RRC volunteers performed yoga in order to enhance the importance of yoga in daily life.



### *Drug Abuse Day on 27.06.2018*

Drug Awareness Programme was organised in our college to create awareness about the impact of drugs. Chief Guest **Dr.Sathiya**, Head, Department of Social Work delivered the speech and made our transport workers to be aware of the problems created due to the consumption of drugs. Our transport workers actively participated in that programme and took oath for eradicating drug addiction.

### **Dengue Awareness programme - 06.07.2018**



Our RRC Volunteers created an awareness about Dengue Fever by conducting a rally and distributed Pamphlets which illustrated the dangers of Dengue Fever. They gave thorough information regarding the causative agent of Dengue i.e. Mosquito consisting of their types, source, life span, preventive measures for decreasing the spread of Mosquito & information regarding symptoms of a Malaria infected person.

### *Rally for observation of World Population Day - 11.07.2018*



In order to observe the World Population Day, the Director of family welfare, Thanjavur, arranged the awareness rally from Thanjavur Junction to RMH on 11.07.18 at 9.30 a.m. As a part of the RRC regular activity, 51 RRC volunteers actively participated in the rally to create awareness about increasing population among the people. The students carried various



placards reading the theme of this year and raised awareness on population issues.

### *Abdul Kalam' Memorial Day - 27.07.18*



In commemoration of Dr.A.P.J.Abdulkalam's memorial day on July 27<sup>th</sup>, RRC volunteers took oath on his ten commandments.

### ***Big Temple Cleaning Programme - 22.09.2018***



RRC & NSS, INTACH, Thanjavur Chapter and Indian Tourism jointly organised Swachhta Hi Seva & Paryatan Parv celebration at Thanjavur. As a part of the NSS regular activity, around 100 RRC volunteers actively participated in cleaning the Big Temple and its surroundings. Our RRC volunteers participated in the rally from the Big Temple to Palace along with the RRC programme officers Ms. T.K. Anusuya to create awareness about cleaning the public places.



Mr. Mathavan an official from big temple and Intalk secretary Mr. Muthukumar headed this programme.

### ***03.10.2018 - Blood Donation Camp***

On 3<sup>rd</sup> October 2018, The NSS & RRC Unit of Bon Secours College along with Hospital Administration organised a blood donation camp. The camp began at



9.00 am with a short Inaugural function where Dr. Saravana Priya, M.B.B.S, Our Lady of Health Hospital, Thanjavur and Dr. Subhulakshmi, M.B.B.S, Our Lady of Health Hospital, Thanjavur.



Dr. Sr. Cathelina, Principal, Bon Secours College and Ms. Annie Shierly RRC-Officer & Asst. Prof of Computer Applications were given a floral welcome. Dr. Sr. Cathelina expressed her gratitude to the NSS & RRC unit, for their continuous endeavour in this regard. She also stressed on the growing necessity of blood in the state and commended the young volunteers for their noble act. The camp was inaugurated, 200 volunteers came forward to donate blood during the camp, which includes teaching & non-teaching staff members, student donors. At the end of the camp, 36 units of blood was collected. The blood donors were given energy drink, apple and dates.

### ***09.10.2018 - Eye Donation Awareness Rally***

On 9<sup>th</sup> October 2018, our college NSS volunteers participated in Eye Donation awareness rally that was conducted by Lions Club, Thanjavur. Around 40 RRC students took part in the rally. The rally started from Raja Mirasuthar Hospital to St. Joseph's School creating an awareness among the people about Eye Donation.



### ***20.11.2018 to 23.11.2018 – Gaja Flood Relief Camp***



Motivated by very Rev. Mother Maria Philomi, Mother General and Dr. Sr. Mariammal, Secretary of our College, Principal of our college Dr. Sr. Cathelina directed us to work for the Gaja Cyclone Relief Camp. The



management, the teaching, non-teaching staff members, students, NSS, RRC Units and Alumnae of our college

joined hands together and involved actively in providing relief materials (Rice, Candle, Dress, Napkins, Mat, Grocery things) to the cyclone affected victims at Pudhukottai, Mannargudi, Nagapattinam, ThiruthuraiPoondi, Pattukottai, Orathanadu and also rendered financial help to the people residing at the cyclone affected area.

### 08.03.2019 – International Women’s Day

International women’s Day was celebrated in our college premises.



Our RRC volunteers participated in the rally from simonthirumanamahal to Bon Secours college for women, Thanjavur. 125 women attended and various games



were conducted, and a Medical camp was arranged. Indian Bank, Thanjavur, Junction Branch sponsored a sanitary dispenser.

### 13.03.2019 – RRC Programme Officer and Peer Educators Training Programme:



Ms. T.K. Anusuya RRC-Programme officer and 2 Volunteers participated in the RRC Programme Officer and Peer Educators Training Programme: organized by the RRC Cell Bharathidasan University, Tiruchirappalli and Tamil Nadu State Aids Control Society, Chennai.

### 25.03.2019 – RRC organize Celebrating Life



RRC programme in Bon Secours College for Women, Thanjavur. Our beloved PrincipalSr. Dr.Cathelina and Vice Principal Dr. S. Gayathri inaugurated the programme and 50 students from RRC Volunteers and 25 students from NSS



volunteers were participated. Celebrating Life session handle by Ms. Jenifer DIS/HIV/AIDS, STI awareness session handle by Ms.Saraswathi ICTC Counsellor, Kallukulam. Special Session handle by Ms.Ragini from TI NGO. Students were actively participated in this programme.

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