

**2020**

**BON SECOURS COLLEGE FOR  
WOMEN, THANJAVUR**

**[COVID19 : THE NATIONS BATTLE]**

*Hands with Hope given by Bon Secours college for Women,  
Thanjavur during lock down period*

## REPORT ON COVID19 LOCK DOWN

We all have something that we can serve with; our time, our talents, and our treasures. “*Whoever brings blessing will be enriched, and one who waters will himself be watered*”- *Proverbs 11:25*. Based on the words, Bon Secours College for Women, Thanjavur have been on ground to extend our services as follows,

1. Creation of awareness on COVID 19
2. Disseminating knowledge on COVID 19
3. Distribution of Kabasura kudineer: the prerequisites of immunity
4. Distribution of masks, Sanitizers and soaps: the prerequisites of safety
5. Distribution of ration: the prerequisites of survival
6. Distribution of knowledge & preparedness

**Beneficiaries:** Poor and needy deserving people at adopted villages, Policemen, supporting staffs, sweepers those who are all on ground.

**Participants:** All department faculty members, students and NSS, UBA 2.0 and YRC.

All the departments are requested to take part in the above mentioned activities as much as possible with safety and security.

### 1. Creation of awareness on COVID 19:

#### [a] Through quiz programmes & Pledge.....

- As creating awareness is the key factor to attain preventive measures, all the departments’ faculty members and students have been taking participation in various quiz programmes organised by various institutions and organizations in order to familiarize with corona virus do’s and don’ts. These quiz programmes comprised the queries how many times we wash hands, app introduced by the government, how to protect from corona virus by masks and social distancing follow up.

The following are the list of institutions conducted covid19 quiz,

- Department of RISE, Chandigarh Group of Colleges, Mohali on 10.04.2020
- Vinayaka Missions Research Foundation on 10.04.2020
- Sri Krishna College of Arts and Science with UBA on COVID19
- VELS University COVID19 Awareness survey
- Stay at Home save Lives Pledge by Ministry of Electronics and Information Technology, Government of India and they received e - certificate to follow social distancing and government regulations on Apr-11, 2020.
- 85% of the faculty members and 75% students participated in the above mentioned awareness quiz programs and received e-certificate.

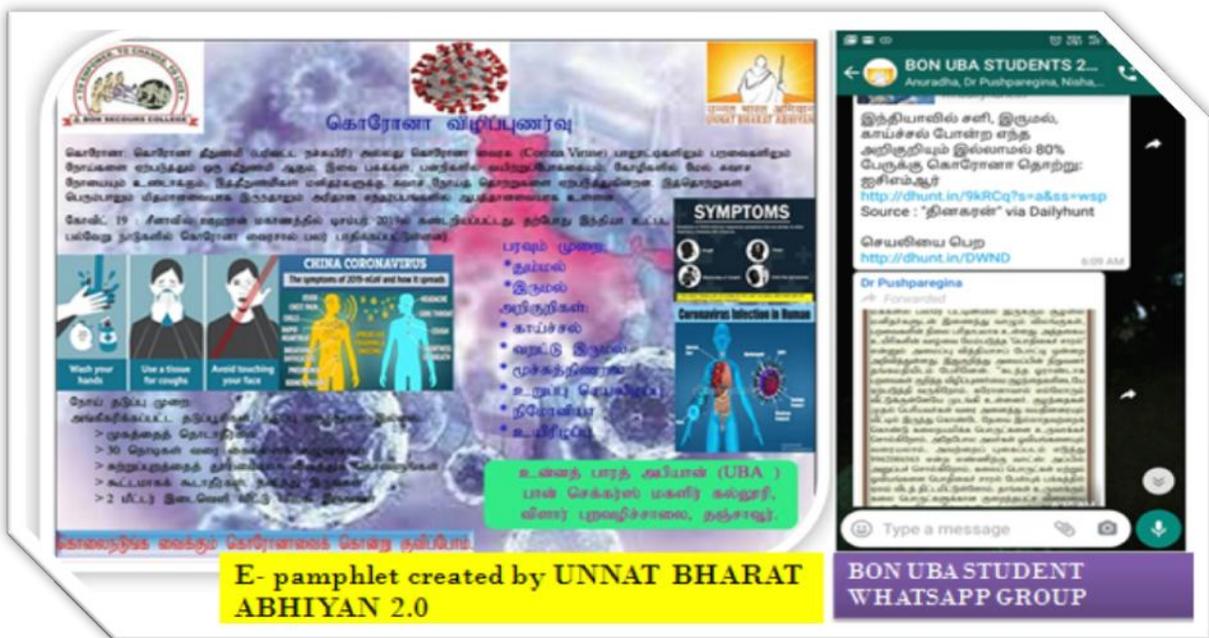


**[b]Awareness creation through electronic mode:**

To hope up with the digital era, our students created awareness through videos, power point presentation, e pamphlets and instagram etc.,

**b.1 UNNAT BHARAT ABHIYAN 2.0:**

UBA 2.0 has created BON UBA Student whatsapp group through which disseminating knowledge on corona virus and discussing the requirements of villagers at adopted villages such as Villar, Kandithampattu, Pottuvachavadi, Uchimancholai and Puthupattinam. All the informations that related to covid19 are forwarded to them.

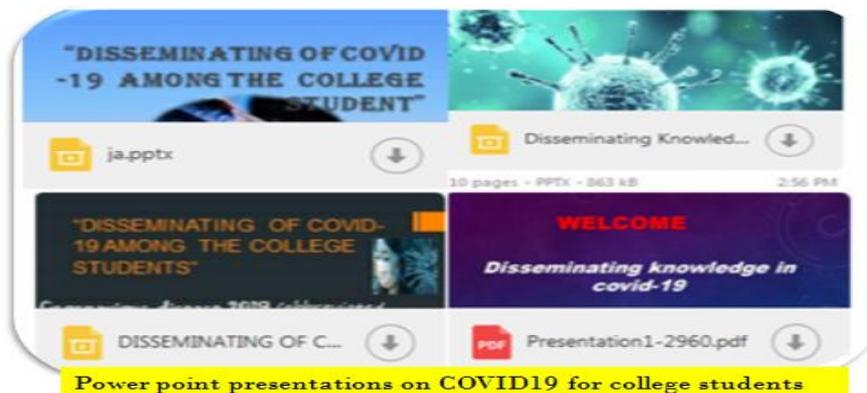


**b.2 PG & Research Department of chemistry:** student of chemistry has created video on hand wash procedure and uploaded in youtube.



Link: <https://www.youtube.com/watch?v=SCS4dLxUAn8>

**h.3 PG & Research Department of Commerce[CA]:** Students of commerce CA created covid19 awareness rangoli and prepared power point presentation on the same.

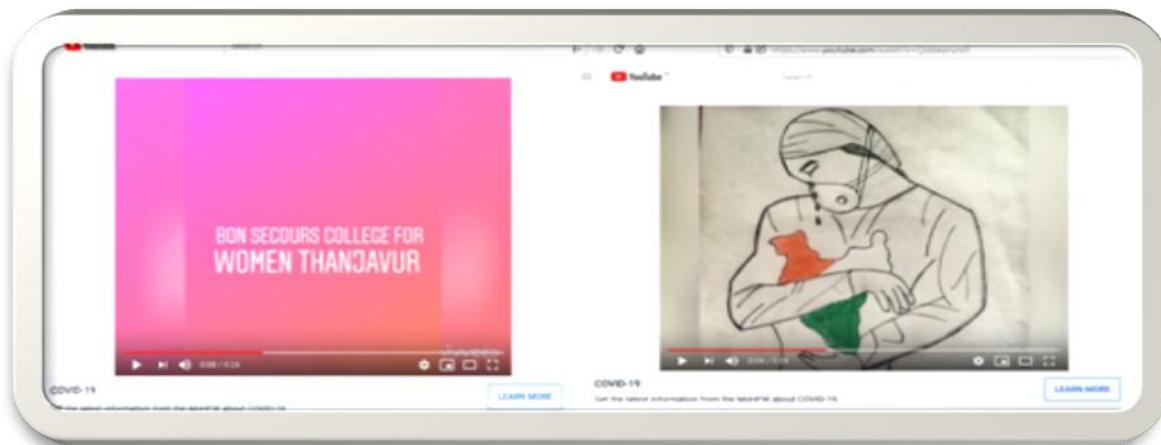


**b.4 PG & Research Department of Biotechnology:** Student of biotechnology has prepared video on COVID19-Do's & Don'ts and uploaded in youtube

**Link:** <https://www.youtube.com/watch?v=CaMYAIdbN9A&feature=youtu.be>

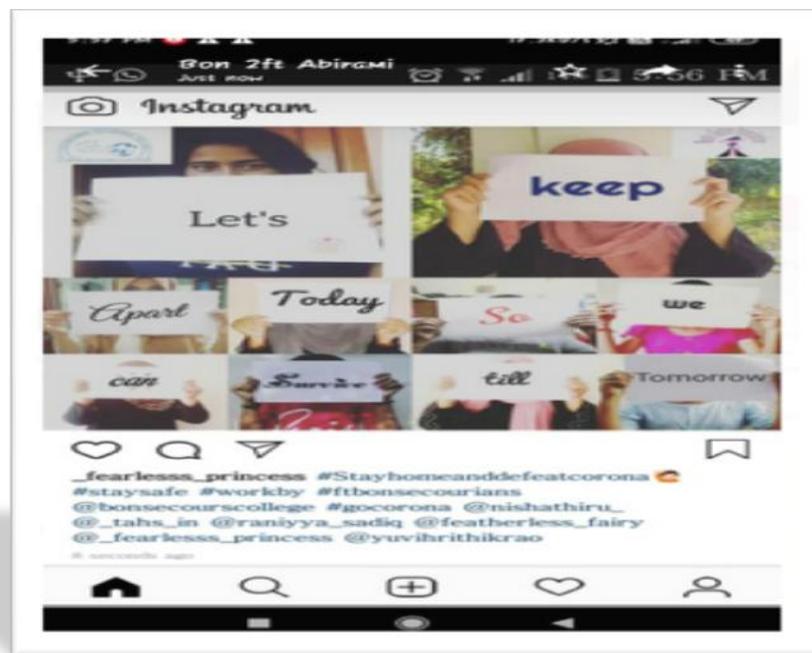
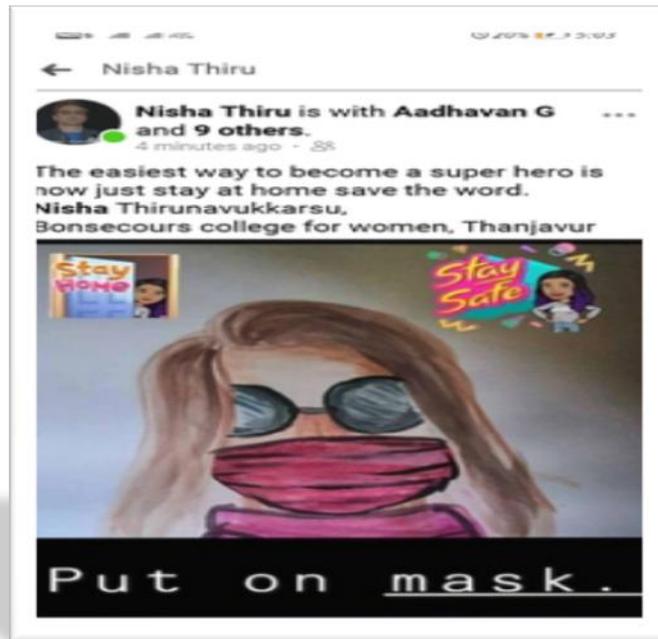


**b.5 PG & Research Department of Physics:** Student of Physics created awareness video on covid19 through pencil drawings& uploaded in youtube.



**Link:** <https://www.youtube.com/watch?v=QJpbepnytx0>

**b.6 PG & Research Department of Fashion technology & Costume designing:** Faculty members and students have created awareness through Instagram on covid 19.



## 2. Disseminating knowledge on COVID 19

PG & Research department of mathematics & Youth Red Cross conducted awareness programme on Corona virus on 19.03.2020 at Govt. Higher Secondary School for Hearing Impaired, Membalam, Thanjavur. They have delivered awareness speech on corona virus, safety measures and precautions. And also explained about hand washing procedures to the students. They distributed sanitary items to all the students and made them to practice. They also conducted QUIZ related to corona virus and distributed prizes to the winners.





Distribution of Hand Sanitizers

### 3. Distribution of Kabasura kudineer: the prerequisites of immunity

**[a]NSS Activity:** AYUSH, recommended kabasura kudineer, a product of Indian traditional medicine [siddha/ayurveda] as it has some beneficial effects against covid 19 infection. As it also boosts immune system to fight against corona virus, it was distributed at adopted villages such as villar, kandithampattu and pottuvachavadi by NSS.





**[b]UBA 2.0:** The students belong to UBA 2.0 also distributed kabasura kudineer in their respective villages.



**[c] PG & Research Department of Physics:** Student of Physics has prepared kabasura kudineer and distributed to her neighborhoods.



She explained them about its antiviral activity and how it exhibits defense against covid19.

**4. Distribution of masks, Sanitizers and soaps: the prerequisites of safety:**

As one of the precautionary measures, wearing Mask is the important and mandatory task to safe guard from corona virus. Hence students and faculty members from the following departments have prepared and distributed masks

to various people in the society.



**Department of Hospital Administration:** Prepared 500 masks & distributed to neighbours.

**PG & Research Department of Fashion technology & costume designing: Prepared 500 masks & distributed to neighbours.**



**Research Department of Business Administration: Distributed Masks to the neighbours**



**Department of Commerce CA distributed mask to policemen and supporting staffs.**



**PG & Research Department of Mathematics: Prepared and distributed masks to various people who are all serving for the common**



**PG& Research Department of Physics : Distributed Masks to the neighbours and conducted hand wash campaign**



**PG & Research Department of Commerce:** Prepared 1000 masks and distributed to various people who are all in ground by extending protection. And also distributed sanitary items.



**PG & Research Department of English** Distributed masks at koothancherri and thulukampatti

**UNNAT BHARAT ABIYAN 2.0 with VASANTHAM LIONS CLUB**  
distributed 1000 masks at adopted villages



**Department of History**  
distributed soaps and masks  
to the neighbours



Most of the departments have been serving in line with prevention is better than cure. They have delivered their best at their own ecosystem to say good bye to COVID 19.

### **5. Distribution of ration: the prerequisites of survival**

Due to the very long lock down, many of the people are unable to fulfill their daily bread. In association with, Vasantham lions club , UBA 2.0, distributed ration for 50 deserved people at adopted villages.



In addition to that the following departments have also supplied biscuits, rice, vegetables, fruits, groceries etc., for the deserved peoples at their respective places.

- ✚ PG & Research department of Commerce
- ✚ PG & Research department of Physics
- ✚ PG & Research department of Biotechnology
- ✚ Department of Hospital Administration



PG & Research department of Commerce with Sevabharathi then foundation



Department of Hospital Administration



Department of Biotechnology



## **6. Distribution of knowledge and preparedness:**

All the departments are also academically connected with their students in a productive way through online mode. They have been preparing their students productively for their examinations via online apps. 100% of the departments have been actively engaged with their students through on and off mode of conversations.

*Though keeping social distancing; connecting academically beyond distancing ....*

***Acknowledgement:***

We soulfully thank for your spiritual support and motivation to shoulder with our neighbours to fight against COVID19. We have been extending our social responsibilities with your motivation and valuable guidance. We ensure our safety through *STAY HOME; STAY SAFETY; DEFEAT COVID19!*.

**Sincerely,**

**Sr.Dr.Cathelina, Principal, Mr.Lion Stalin Peter Babu, Vasantham Lions Club, Faculty members, Supporting staffs and Student community.**